

## Readings & Prayers Sunday 10.30am

### Introit

*Exsurge, quare obdormis*

Arise, O Lord, wherefore sleepest thou? Awake and cast us not away for ever: wherefore hidest thou thy countenance, and forgettest our adversity and misery? Our belly cleaveth unto the ground; arise and save us, O Lord, our helper and our deliverer.

(Ps) O God, we have heard with our ears: our fathers have told us.

GLORY Arise, O Lord... Cf Ps 44:23-26

### The Gloria is not said

### Collect

O Lord God, who seest that we put not our trust in any thing that we do: mercifully grant; that by thy power we may be defended against all adversity; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Spirit, ever one God, world without end.

### First Reading

*Job 7:1-4, 6-7 (RSV)*

Job began to speak:

"Has not man a hard service upon earth,

and are not his days like the days of a hireling?

<sup>2</sup> Like a slave who longs for the shadow,

and like a hireling who looks for his wages,

<sup>3</sup> so I am allotted months of emptiness,

and nights of misery are apportioned to me.

<sup>4</sup> When I lie down I say, 'When shall I arise?'

But the night is long,

and I am full of tossing till the dawn....

<sup>6</sup> My days are swifter than a weaver's shuttle,

and come to their end without hope.

<sup>7</sup> "Remember that my life is a breath;

my eye will never again see good.

### Second Reading

*1 Corinthians 9:16-19, 22-23 (RSV)*

<sup>16</sup> For if I preach the gospel, that gives me no ground for boasting. For necessity is laid upon me. Woe to me if I do not preach the gospel! <sup>17</sup> For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. <sup>18</sup> What then is my reward? Just this: that in my preaching I may make the gospel free of charge, not making full use of my right in the gospel.

<sup>19</sup> For though I am free from all men, I have made myself a slave to all, that I might win the more. ... <sup>22</sup> To the weak I became weak, that I might win the weak. I have become all things to all men, that I might by all means save some. <sup>23</sup> I do it all for the sake of the gospel, that I may share in its blessings.

### Gospel

*Mark 1:29-39 (RSV)*

<sup>29</sup> Jesus left the synagogue, and entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law lay sick with a fever, and immediately they told him of her. <sup>31</sup> And he came and took her by the hand and lifted her up, and the fever left her; and she served them. <sup>32</sup> That evening, at sundown, they brought to him all who were sick or possessed with demons. <sup>33</sup> And the whole city was gathered together about the door. <sup>34</sup> And he healed many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. <sup>35</sup> And in the morning, a great while before day, he rose and went out to a lonely place, and there he prayed. <sup>36</sup> And Simon and those who were with him followed him, <sup>37</sup> and they found him and said to him, "Every one is searching for you." <sup>38</sup> And he said to them, "Let us go on to the next towns, that I may preach there also; for that is why I came out." <sup>39</sup> And he went throughout all Galilee, preaching in their synagogues and casting out demons.

### Prayer over the Offerings

We beseech thee, O Lord: that this sacrifice, which we offer unto thee; may evermore avail to quicken and defend us; through Jesus Christ our Lord.

### Preface

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, through Jesus Christ our Lord; who was in every way tempted like as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; ever more praising thee, and saying: Holy &c.

### Communion

*Introibo*

I will go unto the altar of God: even unto the God of my joy and gladness.

*Ps 43:4*

### Postcommunion

We humbly beseech thee, Almighty God: that we whom thou dost vouchsafe to regenerate with thy holy sacraments; may continually serve thee in all virtuous and godly living; through Jesus Christ our Lord.



## The Catholic Church of Our Lady of the Assumption and St. Gregory

*A parish dedicated to the life of the Personal Ordinariate of Our Lady of Walsingham*

## Sunday 4th February 5th Sunday in Ordinary time (Sexagesima Sunday)

*A very warm welcome to Mass today, especially if you are new or visiting. This sheet contains information about the week's Masses, along with this week's readings and hymns. You are warmly invited to stay for coffee, tea and wine, which is served after the 10.30am Solemn Mass in the Bishop Challoner Hall downstairs.*

### 'Everybody is looking for you.'

These are the words of Simon Peter to Jesus. After a busy day in which Jesus healed the sick and rid the possessed of unclean spirits, he has risen before dawn to be alone in prayer. Even here, in this lonely place, Jesus is discovered. 'Everyone is looking for you.' Not just in the everyday sense: whether we realise it or not, Jesus is the one that everyone looks for. We look for Him because He is the one who heals the deepest ills of humanity, and who casts out its foulest demons. In the first reading, Job suffers a series of personal tragedies: he loves his loved ones and, later on, his health. As he laments his own miserable state, one might almost say that Job is representative of the human condition: in need of God's redemptive healing, which we look to find definitively revealed in Jesus Christ, the Divine Physician.

### This Sunday's Readings

#### First reading

**Job 7:1-4,6-7**

In today's First Reading, Job describes the futility of life before Christ. His lament reminds us of the curse of toil and death placed upon Adam following his original sin. Men and women are like slaves seeking shade, unable to find rest. Their lives are like the wind that comes and goes. But, as we sing in today's Psalm, He who created the stars promised to heal the brokenhearted and gather those lost in exile.

#### Second reading

**1 Corinthians 9:16-19,22-23**

Our lives must be our thanksgiving, as Paul describes in today's Epistle. We must tell everyone the good news, the purpose for which Jesus has come—that others, too, may have a share in this salvation. Paul's work is its own reward: the joy of bringing souls to Christ is worth all the hardship that he endures for the sake of the Gospel.

#### Gospel

**Mark 1:29-39**

Simon's mother-in-law is like Job's toiling, hopeless humanity. She is laid low by affliction but too weak to save herself. But as God promised to take His chosen people by the hand, Jesus grasps her by the hand and helps her up. The word translated "help" is actually Greek for raising up. The same verb is used when Jesus commands a dead girl to arise. It's used again to describe His own resurrection. What Jesus has done for Simon's mother-in-law, He has done for all humanity—raised all of us who lay dead through our sins.

#### SUNDAY MASS

6.00pm (Saturday Vigil), 10.30am (Solemn), 5pm

#### WEEKDAY MASS

8am Tue-Fri 12.45pm Mon-Fri

#### HOLYDAYS OF OBLIGATION

*As advertised.*

#### CONFESSIONS

Sat 5.15-5.45pm

#### Music at today's Solemn Mass

Herbert Howells Communion Service *Collegium Regale*

Andrew Carter *Mary's Magnificat*  
Johannes Eccard *When to the temple Mary went*  
Hymns: NEH 186, 33, 182, 184

# News & Events

## Music at the 10.30am Solemn Mass

Introit: Edward Bairstow *I sat down under his shadow*  
 Paul Davis *Missa Brevis*  
 Herbert Howells *Like as the hart*  
 Hymns: NEH 433, 337

## Pancakes and Prosecco

Before we go into the rigours of Lent, there will be our famed *Pancakes and Prosecco*. This year, it will be on **Tuesday 13th February at 7.30pm**. A contribution of £10 to cover costs would be appreciated.

## Ash Wednesday Masses

There will be three Masses on Ash Wednesday:  
 8.00am (Ordinariate Use); 12.45pm (Novus Ordo); 7.00pm High Mass in the Extraordinary Form

## Confessions

As usual, a Priest is available to hear confessions half an hour before every Mass, or by appointment. Lent is a great opportunity to discover the depths of God's love and mercy in the Sacrament of Reconciliation. If you have not been for a while, or even a long while, now is the time to make a real effort. If you have any questions or concerns, don't hesitate to approach a priest, who will be only too willing to help.

## Stations of the Cross in Lent

Every Friday in Lent after the 12.45 Mass.

## Ordinariate Membership Cards

Those who are Roman Catholics within the Ordinariate of our Lady of Walsingham are invited to take away a devotional card and fill in their name in the space provided. It is conveniently designed to be folded and fitted into a wallet or purse. Among other things it reminds members of their duties and obligations as Latin Rite Catholics, but also the special duty of praying for the unity of the Church.

Day	Feast	Time	Special Intention	People of the Parish
Sunday 4th February	Sexagesima Sunday (5th in Ordinary Time)	10.30am (Solemn) 5.00pm		People of the Parish
Monday 5th February	St Agatha, Virgin & Martyr	12.45pm	Special intention	
Tuesday 6th February	St Paul Miki and companions, Martyrs	8.00am 12.45pm 6.15pm Rosary		Nancy and Alf White (RIP)
Wednesday 7th February	feria	8.00am 12.45pm 7.00pm Low Mass (1962)		Margaret Mary Byrne (RIP) Serge Kiniffo (RIP)
Thursday 8th February	feria	8.00am 12.45pm		Margaret Mary Byrne (RIP)
Friday 9th February	feria	8.00am 12.45pm		Bridget Ruane (RIP)
Saturday 10th February	St Scholastica, Virgin	12 Noon (1962 Missal) 6pm Mass (Sunday vigil)		

## Please pray for:

### THE SICK

Susan Elliott Smith, Rae Collins, Peter Oliver, Rosa Negra, Assumption Fernandez, Khady Gounougo, Paddy Naughton, Simon Ollivant, Sally Ward Enticott, Mick Batten, Ignatius Leong, Pauline Doherty

### FAITHFUL DEPARTED

# Readings & Prayers Saturday 6pm & Sunday 5pm

## Entrance Antiphon Ps 94: 6-7

O come, let us worship God  
 and bow low before the God who made us,  
 for he is the Lord our God.

## Collect

Keep your family safe, O Lord, with unfailing care,  
 that, relying solely on the hope of heavenly grace,  
 they may be defended always by your protection.  
 Through our Lord Jesus Christ, your Son,  
 who lives and reigns with you in the unity of the Holy Spirit,  
 one God, for ever and ever.

## First reading Job 7:1-4,6-7

Job began to speak:  
 Is not man's life on earth nothing more than pressed service,  
 his time no better than hired drudgery?  
 Like the slave, sighing for the shade,  
 or the workman with no thought but his wages,  
 months of delusion I have assigned to me,  
 nothing for my own but nights of grief.  
 Lying in bed I wonder, 'When will it be day?'  
 Risen I think, 'How slowly evening comes!'  
 Restlessly I fret till twilight falls.  
 Swifter than a weaver's shuttle my days have passed,  
 and vanished, leaving no hope behind.  
 Remember that my life is but a breath,  
 and that my eyes will never again see joy.

## Responsorial Psalm Psalm 146(147):1-6

*Praise the Lord who heals the broken-hearted.*

Praise the Lord for he is good;  
 sing to our God for he is loving:  
 to him our praise is due.  
 The Lord builds up Jerusalem  
 and brings back Israel's exiles,  
 he heals the broken-hearted,  
 he binds up all their wounds.  
 He fixes the number of the stars;  
 he calls each one by its name.

Our Lord is great and almighty;  
 his wisdom can never be measured.  
 The Lord raises the lowly;  
 he humbles the wicked to the dust.

## Second reading I Corinthians 9:16-19,22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

## Gospel Acclamation Jn8:12

Alleluia, alleluia!  
 I am the light of the world, says the Lord;  
 anyone who follows me will have the light of life.  
 Alleluia!

## Gospel Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

## Prayer over the Offerings

O Lord, our God,  
 who once established these created things  
 to sustain us in our frailty,  
 grant, we pray,  
 that they may become for us now  
 the Sacrament of eternal life.  
 Through Christ our Lord.

## Communion Antiphon Cf. Ps 106: 8-9

Let them thank the Lord for his mercy,  
 his wonders for the children of men,  
 for he satisfies the thirsty soul,  
 and the hungry he fills with good things.

## Or Mt 5: 5-6

Blessed are those who mourn, for they shall be consoled.  
 Blessed are those who hunger and thirst for righteousness,  
 for they shall have their fill.

## Prayer after Communion

O God, who have willed that we be partakers  
 in the one Bread and the one Chalice,  
 grant us, we pray, so to live  
 that, made one in Christ,  
 we may joyfully bear fruit  
 for the salvation of the world.  
 Through Christ our Lord.

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## WHO'S WHO AT OUR LADY OF THE ASSUMPTION

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